

10: 122-6.4(a) Rest and sleep requirements for early childhood programs  
Must be completed by child's health care provider and parent when requesting exemption from placing a child 18 months of age or younger in a face-up sleeping position.

**EXEMPTION FOR PLACING A CHILD 18 MONTHS OF AGE OR YOUNGER  
IN A FACE-UP SLEEPING POSITION**

I hereby grant permission for (child) \_\_\_\_\_, to  
sleep in a position other than face-up at The Blue Kangaroo Day School.

Description of requested sleeping position:

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Health Care Provider's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_